



*Specialty Teas*

## LADY HANNAH'S WHOLE FRUIT

*(Caffeine Free Fruit and Herb Tea)*

**Country of Origin:** Blend of various dried fruits and herbs from Canada, USA, Thailand, Spain

**Cup Characteristics:** Bold, bright berry flavor with soothing strawberry and blackberry highlights

**Infusion:** Tending pinkish

**Ingredients:** Luxury natural dried Apple pieces, Hibiscus, Rosehip, Pineapple pieces, Papaya pieces, Brambleberries, Strawberry pieces, Blackberries, Raspberries, Natural flavors

### **Information:**

Herb and fruit tea in some circles is considered a new type of tea. We formulated this blend to accommodate tastes of people who wanted to experience a refreshing healthy new style drink without caffeine. What we got was a terrific 'tea' that is unbelievably delicious and enjoyed Hot or Cold! This tea has a very exotic flavor profile. The delicious blend of lemon and strawberry flavors combined with the natural flavors and tartness of the various dried fruits create a summertime cooler or a wintertime summer reminder.

The tea was named in honor of a little girl who loves berries. When this child was small, the berries would drip from all corners of her mouth, not to mention that hand eye co-ordination would cause 20% on the berries to be splattered in near misses on their journey towards her mouth. Her enjoyment of these berries are a wonderful taste testament to this tea.

For a summer time drink Lady Hannah's Whole Fruit is impossible to beat. It is refreshing and thirst quenching and not overly sweet. For formal times garnish the glass with a strawberry and a sprig of mint - for non-formal times pour it into your glass and enjoy it gulp after gulp! If you have small children use the Lady Hannah's Whole Fruit tea to make Popsicles - they taste great and contain very little sugar.

By virtue of the fact that these blends do not contain any tea and are a special blend of fruits and herbs - they are caffeine free! An additional benefit is that these 'teas' contain Vitamin C. What could be better - a healthy drink that tastes GREAT!

**Hot tea brewing method:** Place 1.5 to 2 teaspoons of Lady Hannah's per cup (and add 1 teaspoon for the pot) into the teapot. Pour boiling water into pot and let it steep for 3-7 minutes (or longer - the longer the steeping time to more intense the flavor becomes). Pour into your cup and add sugar to taste. \*\*do not add milk - the milk will curdle due to the ingredients in this blend.

**Iced tea-brewing method: Do Not Pour Hot Liquid directly into a Glass Pitcher**

(to make 1 liter/quart): Place 12-15 teaspoons of Lady Hannah's into a teapot or heat resistant pitcher. Pour 1 1/4 cups of freshly boiled water over the tea. Steep for 5 minutes. Quarter fill a serving pitcher with cold water. Pour the tea into your serving pitcher straining the leaves. Add ice and top-up the pitcher with cold water. Garnish and sweeten to taste. [A rule of thumb when preparing fresh brewed iced tea is to double the strength of hot tea since it will be poured over ice and diluted with cold water].

